

Quilt of Valor - Basic Requirements

Fabric

- **Do**
 - Use high quality 100% cotton quilting weight fabric appropriate for an adult.
- **Do Not**
 - Use sheets, thin, stiff, metallic or scratchy fabric.

Pattern

- **Do**
 - Many free patterns are available on our website and on the web.
- **Do Not**
 - Make rag or flag replica quilts.
 - Make a whole cloth or cheater cloth QOV unless you are a professional quality quilter.

Size

- **Do**
 - Top: Recommended 60"x80"; Minimum 55"x65".
 - Backing 8" longer and wider than top..
- **Do Not**
 - Make quilt top less than 55" x 65" or larger than 72" x 90"

Binding

- **Do**
 - Use straight cut or bias double fold binding; join binding pieces with diagonal seams.
 - Apply neatly by hand or machine.
- **Do Not**
 - Fold over backing and use as binding or zig-zag binding in place.

Quilting

- **Do**
 - Machine or hand quilting in an appropriate design. (free hand, pantograph, or computer guided patriotic or generic designs).
 - Balanced stitches of uniform size. (5 - 7 stitches per inch if quilted by hand; 8 -12 stitches per inch if by machine).
 - Low-loft quality batting. (Cotton, 80/20, or poly from Pellon, Warm Company; Quilter's Dream; Hobbs)

- **Do Not**
 - Tie.
 - Do only stitch in the ditch on a domestic machine or use giant meander.
 - Do not use high-loft batting.

Label

- **Do**
 - Must say Quilt of Valor and include a blank for name of recipient.
 - Should include names of piecer and quilter.
- **Do Not**
 - Do not include more than your first name and state.
 - Include advertising, political or religious messages.

Journal

- **Do**
 - Write a note to the recipient.
- **Do Not**
 - Do not include more than your first name, and state.
 - Include advertising, political or religious messages.

Washing

- **Do**
 - Wash your quilt after it is quilted and bound.
 - Use a Color Catcher in the machine.
- **Do Not**
 - Use scented laundry products.
 - Send a quilt covered in pet hair or tobacco smoke.

Presentation Case

- **Do**
 - Presentation cases are optional but you may make a coordinating pillowcase or bag in which to place your QOV
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The guild will pay postage and contact the organization for an address to send it to, and actually do the mailing.